

Activities that qualify for NZROHA Ongoing Professional Development

10 hours are required per year or 20 hours over two years.

1. Self-directed learning (maximum 6 hours claimable when accompanied by a short overview of the learning outcome)
2. Correspondence training courses
3. Book purchases or Library loan
4. Magazines/journals
5. Oil nights and Regional gatherings of Register members and potential new members for peer support – sharing knowledge, encouragement/coaching.
 - a. (1 hour each, no limit to total hours claimable)
6. Attending Ordinary General Meetings, Special General Meetings or Annual General Meetings of the NZROHA and other relevant organizations.
 - a. (2 hours approx. each – maximum 6 hours claimable)
7. Learning through workshops/seminars/conferences/courses/tertiary education (aromatherapy or allied health, medical, wellness related) eg bodywork therapies, counseling, social sciences, medicine and related science, business skills (no limit to total hours claimable)
- 8.
9. Preparation of lectures, workshop or conference presentations and articles accepted for journal publication (maximum 10 hours claimable)
10. Receiving professional supervision, or mentoring as self-care (1 hour approx. each – maximum 10 hours claimable)
11. Providing professional supervision (1 hour approx. each – maximum 10 hours *claimable*)
12. And other topics of learning such as:
 - a. Essential Oil production and research
 - b. Cultural Safety
 - c. Health and Disability, Privacy and Ethics
 - d. (*no limit to total hours claimable*)

C.P.D Record
Continual Professional Development Details

Year:

Activity/Event:
Evidence)

Hours

Date:

Referral:
(Substantiating

End of year Review/Comments

Signed:

Dated: