



Annex Y NZROHA RECOMMENDATIONS for PROFESSIONAL DEVELOPMENT

Professional Development must be relative to the on-going development and enhancement of Professional Aromatherapy practice for self and others.

1. Self-directed learning (maximum 6 hours claimable when accompanied by a short overview of the learning outcome)
 - a. correspondence training courses
 - b. book purchases or Library loan,
 - c. magazines/journals.
2. Oil nights and Regional gatherings of Register members and potential new members for peer support – sharing knowledge, encouragement/coaching. (1 hour each, maximum 10 hours claimable)
3. Attending Ordinary General Meetings, Special General Meetings or Annual General Meetings of the NZROHA and other relevant organizations (2 hours approx. each – maximum 6 hours claimable)
4. Learning through workshops/seminars/conferences/courses/tertiary education (aromatherapy or allied health, medical, wellness related) eg bodywork therapies, counselling, social sciences, medicine and related science, business skills (no limit to total hours claimable).
5. Preparation of lectures, workshop or conference presentations and articles accepted for journal publication (maximum 10 hours claimable)
6. Receiving professional supervision, or mentoring as self-care (1 hour approx. each - maximum 10 hours claimable)
7. Providing professional supervision (1 hour approx. each - maximum 10 hours claimable)
8. And other topics of learning such as:
 - a. Essential Oil production and research
 - b. Cultural Safety
 - c. Health and Disability, Privacy and Ethics (no limit to total hours claimable)
 - d. Research & study of subjects such as the Therapeutic Goods Act, Educational Development as related to Aromatherapy practice & products
 - e. Aromatherapy Research ie: specific, relevant topics (max. 10 hours claimable)

Annex Y

In accordance with:

Rules 5iii) to retain Professional Status a member will be required to: -

- a) pay the annual subscription (membership)
- b) provide evidence of a current first aid certificate
- c) complete bi-annually, from April 2000, at least 20 hours of professional development consistent with recommendations of the Register; and
- d) provide evidence to the Register in an approved form of the professional development undertaken.



Activities that qualify for NZROHA Ongoing Professional Development

10 hours are required per year or 20 hours over two years.

1. Self-directed learning (*maximum 6 hours claimable when accompanied by a short overview of the learning outcome*)
2. Correspondence training courses
3. Book purchases or Library loan
4. Magazines/journals
5. Oil nights and Regional gatherings of Register members and potential new members for peer support – sharing knowledge, encouragement/coaching.
(*1 hour each, no limit to total hours claimable*)
6. Attending Ordinary General Meetings, Special General Meetings or Annual General Meetings of the NZROHA and other relevant organizations.
(*2 hours approx. each – maximum 6 hours claimable*)
7. Learning through workshops/seminars/conferences/courses/tertiary education (aromatherapy or allied health, medical, wellness related) eg bodywork therapies, counseling, social sciences, medicine and related science, business skills (*no limit to total hours claimable*)
8. Preparation of lectures, workshop or conference presentations and articles accepted for journal publication (*maximum 10 hours claimable*)
9. Receiving professional supervision, or mentoring as self-care (*1 hour approx. each – maximum 10 hours claimable*)
10. Providing professional supervision (*1 hour approx. each – maximum 10 hours claimable*)
11. And other topics of learning such as:
 - a. Essential Oil production and research
 - b. Cultural Safety
 - c. Health and Disability, Privacy and Ethics(*no limit to total hours claimable*)