

New Zealand Register of Holistic Aromatherapists (NZROHA)  
P O Box 18 399, Glen Innes, AUCKLAND 1130



# NZROHA INFORMATION PACK

Website: [www.aromatherapy.org.nz](http://www.aromatherapy.org.nz)

E-mail: [nzroha@gmail.com](mailto:nzroha@gmail.com)

NZROHA Secretary  
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## New Zealand Register of Holistic Aromatherapists Inc (NZROHA)

### History and Background of NZ Register of Holistic Aromatherapists Inc

The NZROHA was initially formed in 1993 by Aromatherapists to provide a support group for each other and to inform the public of the benefits of consulting a trained Aromatherapist.

NZROHA has established itself as the national register for qualified Holistic Aromatherapists supporting, informing and promoting Aromatherapy in NZ. It is a founding member of the NZ Charter of Health Practitioners Inc and is developing affiliates with other Natural Health Modalities including the NZ Health Trust (the proposed Natural Health Training Organisation).

The Register consists of members each being engaged or trained in Aromatherapy and other interested parties. The Register sets professional standards for practicing members. All members are required to abide by the NZROHA Rules, Membership Policy, Code of Ethics and Code of Practice.

The NZROHA Executive Committee meets regularly to ensure the Register is conducting itself in accordance with acts and the requirements of the Register. In June the Annual General Meeting is held in conjunction with the Conference. General Meetings can be called at the discretion of the Chairperson to inform and discuss current issues with members.

The NZROHA Website ([www.aromatherapy.org.nz](http://www.aromatherapy.org.nz)) has been established to further promote Aromatherapy in New Zealand. "Sharing Aromatherapy", the quarterly journal, is packed with interesting information and is available to Members and Journal Subscribers.

Our comprehensive Membership Policy and NZROHA Rules are enclosed for your information, please read through carefully, if you have any questions please contact the Secretary. Copies of the NZROHA rules, policies, guidelines and protocols can be obtained from the Secretary or the Website.

### Our Aims and Objectives:

NZROHA Mission Statement: The preservation of health by advancing the knowledge, practice of, and expertise in Aromatherapy; educating, teaching and training and other lawfully charitable means. The Register aims to:

- Promote the establishment and maintenance of a programme of professional education to improve standards of Aromatherapy practice. Making available and disseminating as widely as possible all available information relating to the practice of aromatherapy.
- Promote the establishment of ethical professional standards for the practice of Aromatherapy to benefit the general public and members of the profession.
- Promote, support, and encourage scientific research applicable to aromatherapy and its practice.
- Promote the establishment and maintenance of a programme to inform the general public of the benefits of Aromatherapy and of the requirements for the ethical and professional practice.

The New Zealand Register of Holistic Aromatherapists Inc is an organisation that supports Aromatherapists and promotes Aromatherapy within our industry and in the wider community. The Executive Committee at NZROHA are a dedicated, enthusiastic group of volunteers eager to represent our Register to encourage professionalism, growth in membership, and to lift the profile, and awareness of Aromatherapy in New Zealand.



New Zealand Register of Holistic Aromatherapists (NZROHA)

**APPLICATION FOR NZROHA ASSOCIATE FRIEND MEMBERSHIP**

“Individuals, organisations or businesses that wish to become a member of NZROHA, and be involved in the professional Aromatherapy community in New Zealand.”

Name: .....

Address:..... Telephone:.....

Email: ..... Website: .....

Organisation or Business Name: .....

**Declaration**

The NZROHA collects this information as part of the membership application procedure according to NZROHA Rules 3 and 4. The NZROHA Executive Committee and Registration Board members have access to the information for NZROHA membership application purposes only.

Upon your membership acceptance to the NZROHA, contact details will be available for Register purposes to the Executive Committee, Registration Board, Regional Representatives, and for the purpose of Journal distribution, to the Journal Editor.

*I have read, and understand, the NZROHA Rules, Code of Ethics, Code of Practice, and Membership Policy.*

*I solemnly declare that all details are correct and I shall comply with and uphold the rules and regulations of the NZROHA Inc.*

Signed: ..... Date: .....

..... (Print name)

.....email address

New Associate Members are admitted to the Register upon:

- Approval of application,
- Receipt of the annual membership subscription \$85.00.

**SPECIAL NOTE:**

**Application forms will be retained by the Register.**

**Please send your application form and cheque to:**

**NZROHA Secretary, P O Box 18-399, Glen Innes, Auckland 1130**

**You may pay your application fee via internet banking to :-**

**NZROHA ASB Henderson 12 3039 0017356 00**

**Paid by internet banking .....(date)**

**Please ensure your name is included on the statement**



# NEW ZEALAND REGISTER OF HOLISTIC AROMATHERAPISTS INCORPORATED

(Registered under the Incorporated Societies Act 1908)

## THE RULES:

The rules of NEW ZEALAND REGISTER OF HOLISTIC AROMATHERAPISTS INCORPORATED

### 1. NAME

The name of the Society is NEW ZEALAND REGISTER OF HOLISTIC AROMATHERAPISTS INCORPORATED.

### 2. OBJECTS

The Mission Statement of the NZROHA shall be the preservation of health by advancing the knowledge, practice of and expertise in aromatherapy by education, teaching and training and other lawfully charitable means.

The objects for which the Register is established are:

- i) To promote the establishment and maintenance of a programme of professional education designed to improve the standards of the practice of aromatherapy by making available and disseminating as widely as possible all available information relating to the practice of aromatherapy.
- ii) To promote the establishment of ethical and professional standards for the practice of aromatherapy for the benefit of the general public and the members of the profession.
- iii) To promote the support and encouragement of scientific research applicable to aromatherapy and its practice.
- iv) To promote the establishment and maintenance of a programme to inform the general public of the benefits of aromatherapy and of the requirements for the ethical and professional practice thereof.

### 3. MEMBERSHIP AND CLASSES OF MEMBERSHIP

- i) The Register shall consist of members each being trained, interested or engaged in Aromatherapy or any person interested in furthering the objects of the Register. Members must abide by the Rules, Code of Ethics and Code of Practice.
- ii) There shall be two classes of membership:
  - a. **PROFESSIONAL MEMBER STATUS:** Holistic Aromatherapists who meet the Standards of Training criteria

- b. **ASSOCIATE MEMBER STATUS:** all other persons

- iii) The Executive Committee is also empowered in its sole discretion, to set such additional requirements or conditions of membership as it may deem necessary or advisable in the best interest of the NZROHA.

### 4. NEW MEMBERS

- i) New members shall be admitted upon receipt by the Register of the official application form in writing signed by her/himself and payment of Annual Subscription.
- ii) To be admitted as a new Professional Member, applicants must also meet the requirements set out in Clauses 5.i) and 5.ii)

### 5. PROFESSIONAL MEMBERS

- i) Each application for registration as a new Professional Member must be accompanied by an application fee. Upon acceptance onto the Register as a Professional member, the applicant will then forward the appropriate full or part subscription to fulfil Professional Membership.
- ii) To be accepted onto the Register as a new Professional Member, an applicant must meet the Register's criteria for professional training. A précis of the criteria is to be available from the Register and printed in the Register's official journal.
- iii) To retain Professional Status a member will be required to:
  - a. pay the annual subscription;
  - b. provide evidence of a current first aid certificate;
  - c. complete bi-annually, from 1 April 2000, at least 20 hours of professional development consistent with recommendations of the Register; and
  - d. provide evidence to the Register in an approved form of the professional development undertaken.
- iv) Re-registration of lapsed Professional members be accepted subject to:
  - a. Submitting a portfolio of on-going professional development to the Executive Committee for approval;



HOLISTIC

## **CODE OF ETHICS**

Any class of Member of the New Zealand Register of Holistic Aromatherapists Inc. who is in practice will be expected to follow this Code of Ethics and to conduct herself/himself and to practice in such a manner as to uphold and maintain the high standards of the profession of Aromatherapy.

1. The member must recognise that the primary obligation is towards the client and at all times must practice her/his skills to the best of her/his ability for the benefit of the client. The comfort and welfare of the client must always have priority.
2. Consultation, assessment and treatment should only be carried out with the full consent of the client (or parent or guardian in the case of minors).
3. The Aromatherapist shall at all times respect full confidentiality.
4. All reasonable care must be taken to ensure the optimum hygiene, quality of materials supplied and safety of equipment used. The Member's premises or clinic are to be maintained in such condition as to reflect credit on the profession of Aromatherapy.
5. A Member shall not knowingly interfere with any ongoing treatment instigated by another Practitioner whilst the patient is under that Practitioner's care.
6. A Member shall be free to advertise his/her professional services in any way provided that such advertisements uphold the dignity and status of the Aromatherapy profession. Promotional material should be of an acceptable standard.
7. Members are expected to maintain a high standard of self-care and to be aware of their own health and wellbeing.

Any person considering that the above Code of Ethics has been breached should address their complaint in writing to the Registration Board, NZ Register of Holistic Aromatherapists Inc., PO Box 18 399, Glen Innes, AUCKLAND.



## NZ REGISTER OF HOLISTIC AROMATHERAPISTS INC.

### CODE OF PRACTICE

#### **Introduction**

The aim of this Code of Practice is to set out the basic standards which the New Zealand Register of Holistic Aromatherapists expects its Members to maintain. This Code of Practice lays down minimum standards necessary for Members of the Register. Clients who attend a registered practitioner should expect a professional approach by the practitioner and this professionalism should be reflected in the equipment, furniture and premises.

#### **1. Insurance**

If required by law, adequate professional liability and professional insurance must be held by all practising members.

#### **2. Premises**

Consultation and treatment rooms must be clean, adequately lit, properly ventilated and in a good state of general repair.

A wash basin with hot and cold water supply and toilet facilities should be available.

If the consultation and treatment rooms are not directly accessible from the street, all entrance ways and stairs must be adequately lit and kept clean.

#### **3. Personal hygiene**

The Aromatherapist must ensure that her/his health and personal hygiene are such as to cause no danger to the client.

The Practitioner must not eat, consume alcohol, or smoke in the treatment area.

The Aromatherapist must be aware of the elements of public hygiene and local safety bylaws and specifications in connection with Aromatherapy.

#### **5. Client Register and Remuneration**

A card index or suitable means should be set up to register client names, addresses and other relevant information including dates of attendance, essential oils used – and kept in a secure place to maintain confidentiality.

The member shall be due reasonable remuneration only as and when appropriate for services provided.

#### **6. Important Notes**

It is the responsibility of the practising Aromatherapist to observe any local by-laws with regard to the therapy undertaken. All necessary legal (pharmaceutical and cosmetic) requirements must be complied with in regard to all materials used and stored, purchased complete or assembled and labelled on practice premises.

The Register expects members not to presume a specialist knowledge outside their own training. Members must be wary of giving advice on skin and bodily ailments outside the limitations of their own specialised knowledge.

No Aromatherapist shall dispense essential oils for internal ingestion nor shall any Aromatherapist advocate or promote such use of essential oils unless the practising Aromatherapist has medical qualifications or the equivalent qualifications in the natural therapies.

#### **7. Liaison with other professionals**

Liaison with other professionals should be of a co-operative and sharing nature

#### **8. Public Relations, Advertising and Articles promoting the NZROHA**

A Member who wishes to advertise, promote or give a press release on behalf of the Register will submit their promotion to the Executive Committee before publication. This will enable the Register to keep a high standard.

#### **9. Investigation and Dismissal**

Any member who breaches this code shall be subject to investigation and on being found in breach of the Code of Practice dismissed from the Register.

Such dismissal shall be notified and other relevant organisations notified.