

Activities that qualify for NZROHA Ongoing Professional Development

10 hours are required per year or 20 hours over two years.

- 1) Self-directed learning (*maximum 6 hours claimable when accompanied by a short overview of the learning outcome*)
 - a) correspondence training courses
 - b) book purchases or Library loan
 - c) magazines/journals
- 2) Oil nights and Regional gatherings of Register members and potential new members for peer support – sharing knowledge, encouragement/coaching. (*1 hour each, no limit to total hours claimable*)
- 3) Attending Ordinary General Meetings, Special General Meetings or Annual General Meetings of the NZROHA and other relevant organizations. (*2 hours approx. each – maximum 6 hours claimable*)
- 4) Learning through workshops/seminars/conferences/courses/tertiary education (aromatherapy or allied health, medical, wellness related) eg bodywork therapies, counseling, social sciences, medicine and related science, business skills (*no limit to total hours claimable*)
- 5) Preparation of lectures, workshop or conference presentations and articles accepted for journal publication (*maximum 10 hours claimable*)
- 6) Receiving professional supervision, or mentoring as self-care (*1 hour approx. each – maximum 10 hours claimable*)
- 7) Providing professional supervision (*1 hour approx. each – maximum 10 hours claimable*)
- 8) And other topics of learning such as:
 - a) Essential Oil production and research
 - b) Cultural Safety
 - c) Health and Disability, Privacy and Ethics(*no limit to total hours claimable*)

